



Media Release

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For Immediate Release

LUBBOCK LOCAL FOODS FIELD DAY

LUBBOCK, Texas (June 17, 2009) – *Lubbock Local Foods Field Day* will be held Saturday, June 20th from 8:15am–3:00pm at St. John’s United Methodist Church (15th Street and University Avenue).

This event will raise awareness about local food networks in Lubbock, as well as demonstrate how to produce healthy foods. *Lubbock Local Foods Field Day* engages growers and consumers to join in the local foods movement and consider local foods as a way to promote health and wellness. Attendees will also explore ways to make local foods available to all communities of people, and encourage faith communities and youth groups to join in local stewardship efforts.

Registration for *Lubbock Local Foods Field Day* is \$35 per person, \$60 per couple, and \$20 per student or youth. Register and pay online with Paypal at www.ogallalacommons.org. Click on “Events” then on “Lubbock Local Food Field Day.” Payments may also be received by mailing a check made payable to Ogallala Commons, Inc. to Local Foods Field Day, Ogallala Commons, PO Box 346, Nazareth, TX 79035.

At the close of *Local Foods Field Day*, a live music concert, “Homegrown Harmony,” will be held at McPherson Cellars Winery (1615 Texas Avenue) from 3pm to 5pm.

Lubbock Local Foods Field Day is sponsored by Ogallala Commons, South Plains Food Bank, Lubbock County Master Gardeners and Texas Impact.



If additional information is needed, please contact Darryl Birkenfeld at 806-945-2255 or email darrylb@amaonline.com. Log on to www.ogallalacommons.org for a complete schedule of the day's events.

Visit Lubbock is the official destination marketing entity for the city of Lubbock. For a free visitor guide call 800-692-4035 or visit www.VisitLubbock.org.